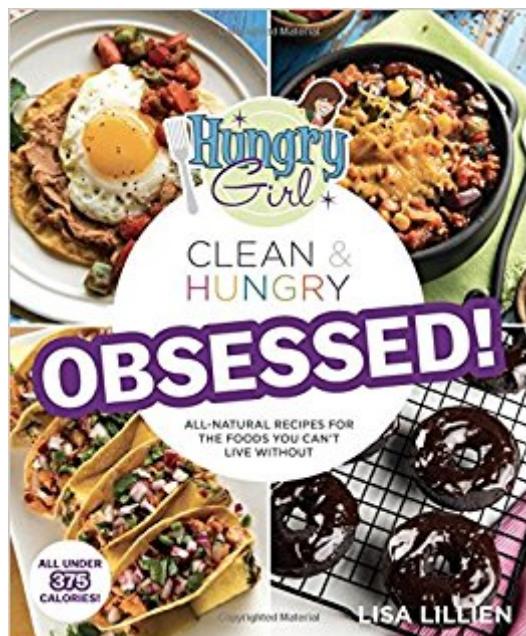


The book was found

# Hungry Girl Clean & Hungry OBSESSED!



## Synopsis

Lisa Lillien has sold millions of books by serving up clever and deliciously easy recipes with low calorie counts, huge portions, and easy-to-find ingredients that are good for you. With eleven New York Times bestsellers under her belt, Lisa is taking things to the next level with Hungry Girl Clean & Hungry OBSESSED! Keeping in line with the current clean-eating food trend (and as a follow-up to her to last smash-hit book, Hungry Girl Clean & Hungry), she's taking on the beloved foods that Americans are OBSESSED with—comfort foods, junk foods, international favorites, desserts, and more! Donuts, lasagna, fried chicken, quesadillas, fudge... No food is off-limits, and all of them have been completely re-created, re-vamped, and CLEANED UP! With the unique and healthy recipes in this cookbook, you can finally enjoy ALL the foods you crave while eating clean and staying lean! You'll find . . . Spaghetti Squash Your Hunger B-fast Bowl (271 calories) Caramelized Onion Cauli-Crust Pizza (316 calories) Peanut Butter Cup French Toast (344 calories) Love Me Tender Pot Roast (272 calories) Philly You Up Cheesesteak Meatloaf (198 calories) Oh, Wow! Chicken & Waffles (353 calories) Mad About Eggplant Manicotti (264 calories) Garlic & Onion Butternut Turnip Fries (196 calories) Grab a Fork Pork Fried Rice (197 calories) Reconstructed Nachos (245 calories) Three Cheers for Cheesecake Brownies (126 calories). . . and so much more!

## Book Information

Paperback: 400 pages

Publisher: St. Martin's Griffin; 1 edition (September 5, 2017)

Language: English

ISBN-10: 1250087252

ISBN-13: 978-1250087256

Product Dimensions: 7.5 x 0.9 x 9.1 inches

Shipping Weight: 2.3 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #283 in Books (See Top 100 in Books) #6 in Books > Cookbooks, Food & Wine > Special Diet > Weight Loss #12 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Loss #13 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Other Diets

## Customer Reviews

LISA LILLIEN is a New York Times bestselling author and the creator of the Hungry Girl brand. The

founder of hungry-girl.com, she is obsessed with food—how wonderful it is, and how much of it she can eat and still fit into her pants. Millions of fans eagerly await Hungry Girl's recipes and tips & tricks each weekday. Lillien has also starred in a top-rated cooking show on Food Network and Cooking Channel. She lives in Los Angeles, California.

[Download to continue reading...](#)

Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weight loss, Eat Clean Diet Book Hungry Girl Clean & Hungry OBSESSED! Hungry Girl Clean & Hungry: Easy All-Natural Recipes for Healthy Eating in the Real World Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) CLEAN EATING: The Detox Process And Clean Eating Recipes That Help you lose weight naturally (Clean eating cookbook, Weight Watchers, Sugar free detox, Healthy ... Eating Cookbook, Loss weight Fast, Eat thin) Wipe Clean: Learning Sight Words: Includes a Wipe-Clean Pen and Flash Cards! (Wipe Clean Learning Books) Wipe Clean: First 100 Words (Enclosed Spiral Binding): Includes Wipe Clean Pen (Wipe Clean Workbooks) Hungry, Hungry Sharks (Step-Into-Reading, Step 3) Toy Time!: From Hula Hoops to He-Man to Hungry Hungry Hippos: A Look Back at the Most- Beloved Toys of Decades Past Hungry Ghosts (Hungry Ghosts Series Book 1) The Nature of Boats: Insights and Esoterica for the Nautically Obsessed OBSESSED BY WILDFIRE Popular: The Power of Likability in a Status-Obsessed World Be Obsessed or Be Average Paper Tiger: An Obsessed Golfer's Quest to Play with the Pros Failure of Justice: A Brutal Murder, An Obsessed Cop, Six Wrongful Convictions The Service Culture Handbook: A Step-by-Step Guide to Getting Your Employees Obsessed with Customer Service Back to the Kitchen: 75 Delicious, Real Recipes (& True Stories) from a Food-Obsessed Actor Bugged: The Insects Who Rule the World and the People Obsessed with Them The Body Image Workbook for Teens: Activities to Help Girls Develop a Healthy Body Image in an Image-Obsessed World

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)